



REVISED TESTING KICKS

L WHITE BELTS

1. Back leg Front Kick, Side Kick, Round Kick - Turn (Kibap) - Same to Rear
2. Back leg Front Kick, Same leg Jump Front Kick (Twice) - Turn (Kihap) - Same to rear

II L YELLOW BELTS

1. Jump Switch step behind Side Kick, Other leg Back Kick (Twice) - Turn (Kibap) Same to Rear
2. Back leg inside Crescent Kick, same leg Jump outside Crescent Kick, follow-up back leg Round Kick - Turn (Kihap) - Same to Rear

III GREEN BELTS

1. Jump Switch Back Leg Double Roundhouse Kick, Same Leg skip in Hook Kick (Twice) - Turn (Kihap) - Same to Rear
2. Back Leg Front Kick (Keep up), Jump Round (other leg), Back Kick (Twice) - Turn - Same to Rear

IV. BLUE BELTS

1. Running jump Split Front Kick (Both Feet) Kihap on Kick - Turn - Same to Rear
2. Step Forward Back leg Back Swing Kick, Step Forward Back leg Back Swing Kick Turn (Kihap) - Same to Rear

V. RED BELTS

1. Auto Bond Round Kick, Auto Bond Round Kick - Turn (Kihap) - Same to Rear (Jump switch motion, turn to back pivoting on front leg, jump same leg round kick)
2. Back leg Double Side Kick (Lo-Hi), Running jump Flying Side Kick (Right Leg) Kihap on Kick - Step and Turn (Kihap) - Same to Rear (Left leg)
3. Back Leg Crescent Kick, Two Butterfly Crescent Kicks (Same Leg) - Step and Turn (Kihap) - Same to Rear

